



Quilted Hugs of Gratitude

The most frequent remark from a Quilt of Honor recipient when given his or her quilt is, "We didn't know anyone cared."

Show you care! Make a **Quilt of Honor**.

The goal of **Quilts of Honor** is to show our brave men and women, who have defended our freedoms, how much we appreciate their sacrifice and service with something very American and very tangible – a **Quilt of Honor**. Our hope is that these quilts will help provide comfort, love and healing to those who have given so much

Won't you join us? Your **Quilt of Honor** WILL make a difference in their lives!

There are three ways to get involved making a **Quilt of Honor** and one of them doesn't even involve sewing!

1. Make a quilt-top with a backing. Don't worry about quilting it because you will team up with a longarmer who volunteers to do that part. They supply batting and thread.

Preferred Quilt Sizes: 50" x 60" or 57" x 67"

2. Machine or hand-quilt a **QOH** top. Don't worry about piecing because all you have to do is quilt.
3. Donate funds to **Quilts of Honor** to offset the costs of making and shipping the quilts.

Who Qualifies for a Quilt of Honor:

- a) Purple Heart Recipients
- b) Those suffering from Post Traumatic Stress
- c) Those with Traumatic Brain Injuries
- d) Those dealing with the effects of Agent Orange
- e) Those with Multiple Tours

QUOTE FROM A RECIPIENT:

"My Quilt not only keeps me warm when I'm cold, it keeps my heart warm too. I'm twenty four, a husband, and a father. This may seem childish, but when I get scared with the memories of war, I curl up in the Quilt and everything goes away. It makes me and the hundreds of wounded I've seen feel better knowing there are people in the states that care about us and what we do."

**Quilts of Honor Workshop held every 4th Wednesday, 10:00 am to 3:00 pm, at
All Together Family Quilts, 6516 Stabulis Road, Valley Springs, 95252.**

Call 209-772-2686 for information.

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